

Sal De Forte's Ristorante
1400 Parkway Avenue
Serenity Plaza
Ewing, NJ 08628



609.406.0123
FAX 609.406.0332
www.SalDeFortesRistorante.com

Lunch Menu

PESCE - SEAFOOD

Broiled Filet of Sole - 7.95

Crab Crusted Tilapia - 8.95

Fruite De Mare - clams, mussels, shrimp, scungilli & calamari served over linguine marinara sauce 10.95



POLLO - CHICKEN

Pollo di Evelyn - chicken scampi served over farfalle 7.95

Pollo di Angelica - chicken, broccoli, mushrooms & sundried tomatoes served over butterfly pasta in a fresh herbed garlic white wine sauce 7.95

Pollo Alla Griglia - char-broil chicken 7.95

Chicken Parmigiano - 7.95

Pollo Cacciatore - chicken on the bone, red & white wine 7.95

Pollo di Jerusalem - chicken, sautéed artichoke hearts, white wine & mushrooms 7.95

Upon Request - Chicken Francaise, Marsala, Picanti or Fra Diavolo 7.95



VITELLO - VEAL

Vitello Alla Italiano - veal francaise topped with prosciutto, spinach, roasted pepper, mozzarella cheese, rosemary, garlic and wine sauce 9.95

Vitello Alla Capri - veal topped with eggplant, prosciutto, mozzarella cheese and marinara sauce 9.95

Vitello & Peperoni - veal & peppers - tender cubes of veal in a light tomato sauce 8.95

Veal Parmigiano - 8.95

Lunch Menu

MAIALE - MEAT

Medaglioni di Maiale San Benito - pork tenderloin topped with sundried tomatoes & swiss cheese madeira cream sauce 7.95



FARINACEI - PASTA*

Cannelloni - homemade pasta stuffed with spinach, ricotta, mozzarella cheese & meat 7.95

Cavatelli Con Broccoli - topped with oil, garlic, mushrooms & romano cheese 7.95

Cheese Ravioli - 7.95

Farfalle Con Spinaci - butterfly pasta topped with spinach, mushrooms, white beans & sautéed with olive oil & garlic, topped with gorgonzola cheese 7.95

Farfalle Filetto Pomodoro - butterfly pasta with plum tomatoes, prosciutto, onions & fresh basil 7.95

Fettuccini Alfredo Con Salsiccia - fettuccini in a cream sauce with sausage 7.95

Gnocchi Con Spinaci - marinara, spinach & gorgonzola cheese 7.95

Lasagna - meat, ricotta & mozzarella 7.95

Linguine Con Vongole - linguine with red or white clam sauce 7.95

Linguine Puttanesca - prepared with black olives, mushrooms, anchovies & capers in a plum tomato sauce 7.95

Linguine with Meatballs - 7.95

Penne Con Broccoli Rabe & Salsiccia - pencil points topped with broccoli rabe, sausage, oil, garlic & romano cheese 7.95

Rigatoni Con Salsiccia - pasta with loose sausage, mushrooms, fontina cheese & fresh basil in a plum tomato sauce 7.95

Rigatoni Vodka - prepared in a special Vodka pink cream sauce with prosciutto 7.95

Tortellini Carbonara - meat filled pasta prepared in a cream sauce with bacon & onions 7.95

Eggplant Parmigiano - stuffed with broccoli 7.95

* add 4.00 for meatballs or sausage • 1/2 orders of pasta available as appetizers

Lunch Entrees Served with Salad & Pasta

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