

Sal De Forte's Ristorante
1400 Parkway Avenue
Serenity Plaza
Ewing, NJ 08628



609.406.0123
FAX 609.406.0332
www.SalDeFortesRistorante.com

Lunch Menu

ANTIPASTI FREDDI - COLD APPETIZERS

Arselle Freddi - clams on the half shell 7.95

Carpaccio - thinly sliced raw filet mignon marinated with olive oil and balsamic vinegar garnished with fresh romano cheese 9.95

Gamberi Freddi - shrimp cocktail 9.50

ANTIPASTI CALDI - HOT APPETIZERS

Arselle Casino - clams casino 7.95

Bruschetta Bread - italian bread, seasoned and topped with plum tomatoes and mozzarella cheese 5.95

Calamari Fritto - fried calamari 7.95

Cozze Marinara - mussels marinara 7.95

Funghi Ripiena Con Granchio - stuffed mushrooms with crabmeat 7.95

Funghi Ripiena Con Salsiccia - stuffed mushrooms with sausage topped with mozzarella cheese 6.95

Pane Con Aglio

garlic bread 3.95

with creamy blue cheese 6.95

Pane Ripieno di Salsiccia - sausage bread 6.95

Pane Ripieno di Spinaci - spinach bread 6.95

MINISTRA - SOUP

Brodo di Pollo & Pastina - chicken soup 3.00

Pasta & Fagioli - italian beans soup with tubetti 3.00

Tortellini in Brodo - tortellini in a clear broth 3.95

Zuppa Del Giorno - soup of the day 3.00

INSALATA - SALADS

Antipasto Per Dune Persone - chopped antipasto for two 11.95

Asparagus & Artichoke Salad - served over romaine lettuce with figs & raisins in a vinaigrette 7.95

Chopped Antipasto - 7.95

Insalata Barbabietola - fresh beets served over field greens with walnuts & gorgonzola cheese in a raspberry vinaigrette 7.95

Insalata Caesar - caesar salad 6.95

with grilled chicken 2.50

with shrimp 4.00

Insalata Con Peperoni Rossi - roasted peppers marinated & served with provolone, olives & anchovies 7.95

Mediterranean Salad - shrimp & crabmeat served over romaine lettuce in a vinaigrette 8.95

VITELLO - VEAL

Vitello Alla Italiano - veal francaise topped with prosciutto, spinach, roasted pepper, mozzarella cheese, rosemary, garlic and wine sauce **lunch only** 9.95

Vitello Alla Capri - veal topped with eggplant, prosciutto, mozzarella cheese and marinara sauce **lunch only** 9.95

Vitello & Peperoni - veal & peppers - tender cubes of veal in a light tomato sauce **lunch only** 8.95

Veal Parmigiano - **lunch** 8.95 **dinner** 16.95

Medaglioni di Vitello Alla Francese - medallions of veal dipped in egg batter & sautéed in a lemon wine sauce **dinner only** 16.95

Medaglioni di Vitello Alla Jerusalem - medallions of veal sautéed with white wine, mushrooms & artichoke hearts **dinner only** 17.95

Medaglioni di Vitello Alla Saltimbocca - medallions of veal topped with prosciutto & mozzarella cheese served over a bed of spinach in a white wine sauce **dinner only** 17.95

Upon Request - Veal Francaise, Marsala or Picanti dinner only 17.95

PESCE - SEAFOOD

Broiled Filet of Sole - **lunch only** 7.95

Crab Crusted Tilapia - **lunch only** 8.95

Fruite De Mare - clams, mussels, shrimp, scungilli & calamari served over linguine marinara sauce **lunch only** 10.95

Canestrelli Ai Ferri - fresh broiled scallops served in butter sauce **dinner only** 18.95

***Capellini Con Pesce** - "seafood angel hair" pasta topped with fresh shrimp, scallops & lump crabmeat in a light scampi sauce **dinner only** 19.95

***Gamberi Fra Diavolo** - fresh shrimp served over linguine in a pungent marinara sauce **dinner only** 18.95

*** Includes Salad Only**

POLLO - CHICKEN

Pollo di Evelyn - chicken scampi served over farfalle **lunch only** 7.95

Pollo di Angelica - chicken, broccoli, mushrooms & sundried tomatoes served over butterfly pasta in a fresh herbed garlic white wine sauce **lunch only** 7.95

Pollo alla Griglia - char-broil chicken **lunch only** 7.95

Chicken Parmigiano - **lunch** 7.95 **dinner** 13.95

Pollo Cacciatore - chicken on the bone, red & white wine **lunch** 7.95 **dinner** 14.95

Pollo di Jerusalem - chicken, sautéed artichoke hearts, white wine & mushrooms **lunch** 7.95 **dinner** 15.95

Pollo di Caprese - boneless breast of chicken sautéed with white wine served over a bed of spinach with roasted peppers, whole cloves of garlic & melted mozzarella cheese **dinner only** 15.95

Pollo Salvatore - boneless breast of chicken topped with ricotta, spinach & mozzarella cheese over marinara sauce **dinner only** 15.95

Seasoned Chicken - fresh herbs served on the bone **dinner only** 14.95

Pollo Arrosto - half roast chicken **dinner only** 14.95

Upon Request - Chicken Francaise, Marsala, Picanti or Fra Diavolo **lunch** 7.95 **dinner** 15.95

FARINACEI - PASTA*

Cannelloni - homemade pasta stuffed with spinach, ricotta, mozzarella cheese & meat **lunch** 7.95 **dinner** 13.95

Cavatelli Con Broccoli - topped with oil, garlic, mushrooms & romano cheese **lunch** 7.95 **dinner** 13.95

Cheese Ravioli - **lunch** 7.95 **dinner** 12.95

Farfalle Con Spinaci - butterfly pasta topped with spinach, mushrooms, white beans & sautéed with olive oil & garlic, topped with gorgonzola cheese **lunch** 7.95 **dinner** 13.95

Farfalle Filetto Pomodoro - butterfly pasta with plum tomatoes, prosciutto, onions & fresh basil **lunch** 7.95 **dinner** 12.95

Fettuccini Alfredo Con Salsiccia - fettuccini in a cream sauce with sausage **lunch** 7.95 **dinner** 13.95

Gnocchi Con Spinaci - marinara, spinach & gorgonzola cheese **lunch** 7.95 **dinner** 13.95

Lasagna - meat, ricotta & mozzarella **lunch** 7.95 **dinner** 13.95

Linguine Con Vongole - linguine with red or white clam sauce **lunch** 7.95 **dinner** 13.95

Linguine Puttanesca - prepared with black olives, mushrooms, anchovies & capers in a plum tomato sauce
lunch 7.95 **dinner** 13.95

Linguine with Meatballs - **lunch** 7.95 **dinner** 12.95

Penne Con Broccoli Rabe & Salsiccia - pencil points topped with broccoli rabe, sausage, oil, garlic & romano cheese
lunch 7.95 **dinner** 14.95

Rigatoni Con Salsiccia - pasta with loose sausage, mushrooms, fontina cheese & fresh basil in a plum tomato sauce
lunch 7.95 **dinner** 13.95

Rigatoni Vodka - prepared in a special Vodka pink cream sauce with prosciutto **lunch** 7.95 **dinner** 13.95

Tortellini Carbonara - meat filled pasta prepared in a cream sauce with bacon & onions **lunch** 7.95 **dinner** 13.95

Eggplant Parmigiano - stuffed with broccoli **lunch** 7.95 **dinner** 13.95

* **add 4.00 for meatballs or sausage**

* **1/2 orders of pasta available as appetizers**

MAIALE - MEAT

Medaglioni di Maiale San Benito - pork tenderloin topped with sundried tomatoes & swiss cheese madeira cream sauce
lunch only 8.95

ALLA GRIGLIA - FROM THE GRILL

Costata di Vitello Alla Griglia - veal chop marinated with barolo wine, olive oil & grilled with whole cloves of garlic demi glazed
dinner only 28.95

Costolette di Maiale Giambotta - pork chop topped with peppers, onions & potatoes **dinner only** 17.95

Filetto Mignon - filet mignon served with mushroom caps **dinner only** 28.95

ITALIAN SANDWICHES

Choice of Bread - Muffuletta or Focaccia

Bacon Cheeseburger - 10 oz grilled served on onion roll 6.95

Bistecca Occhio - grilled rib eye topped with spinach, roasted peppers, gorgonzola & touch of tobasco 8.95

Hot Roast Beef - served in au jus with swiss cheese & horseradish 7.95

Maiale Italiano - sliced roast pork topped with broccoli rabe, roasted peppers & melted provolone 7.95

Parmigiano di Polpetta - meatball parmigiano 6.95

Parmigiano di Vitello - veal parmigiano 7.95

Pollo Bello - grilled chicken with portabella mushrooms, roasted peppers & melted provolone 7.95

Porchetta - roasted pork loin with grilled onions, mushrooms & melted provolone 6.95

Prosciutto - topped with garden tomatoes, fresh mozzarella, roasted peppers & balsamic vinaigrette 6.95

Salsiccia Con Pepee Le Cipolle - sausage with peppers & onions 6.95

Tuscan Veggie - grilled eggplant, zucchini, portabella mushroom, roasted pepper & tomato topped with melted provolone 6.95

SIDES

French Fries - 2.50

Onion Rings - 3.50

BEVERAGES

BYOB, Bottled Water & Soft Drinks Available

Ask about our Box Lunch to go!

Sal DeForte's Ristorante • 1400 Parkway Avenue • Serenity Plaza • Ewing, NJ 08628
609.406.0123 • FAX 609.406.0332 • www.SalDeFortesRistorante.com